



## Do you know what to do in a disaster?

Get started with CERT and become your own first responder!



## 2020 Community Emergency Response Team (CERT) Schedule

### Spring

Thursdays, April 23<sup>rd</sup>—June 4, 6 - 9:00 pm

Drill: Saturday, June 6<sup>th</sup> | 8:00 a.m. - 12:00 p.m.

### Fall

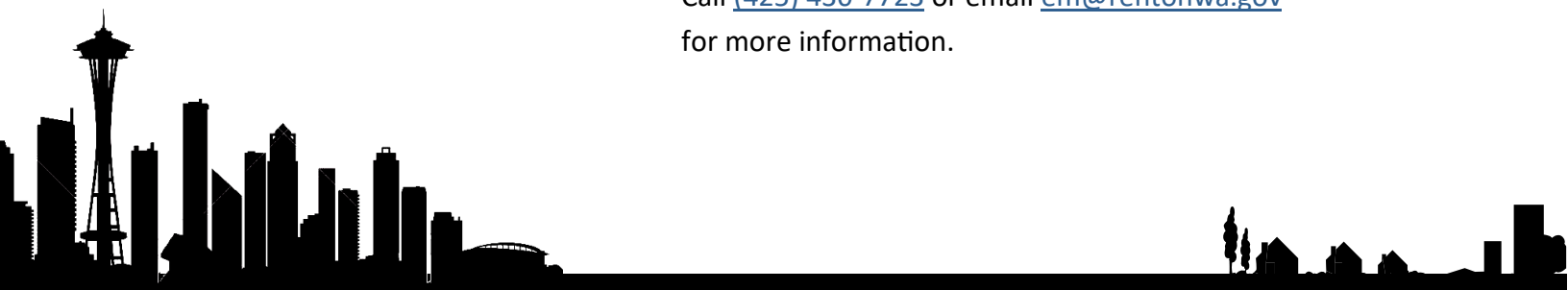
Tuesdays, September 29<sup>th</sup>—November 10, 6 - 9:00 pm

Drill: Saturday, November 14<sup>th</sup> | 8:00 a.m. - 12:00 p.m.

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Help your community in an emergency. Sign up for a CERT class. See classes open for registration at [rentonwa.gov/cert](https://rentonwa.gov/cert).

Call [\(425\) 430-7723](tel:4254307723) or email [em@rentonwa.gov](mailto:em@rentonwa.gov) for more information.



FEMA

# 2020 Community Emergency Response Team

CERT class costs \$30, with a \$5 discount for City of Renton residents. To see which classes are open for registration, visit [rentonwa.gov/cert](http://rentonwa.gov/cert). For more information on the class call (425) 430-7723, or email [em@rentonwa.gov](mailto:em@rentonwa.gov).

## CERT Class Units

### Disaster Preparedness

Learn about local hazards and how they could impact our community, as well as personal and household emergency preparedness.

### Fire Safety and Utility Controls

Understand your role in fire and utility safety, fire chemistry and hazardous materials basics, and how to reduce fire hazards. CERT members will learn how to use a fire extinguisher and will practice using an extinguisher on a controlled fire.

### Disaster Medical - Part 1

Practice identifying and treating three immediately life threatening conditions; airway constriction, excessive bleeding, and shock. Learn how to triage and prioritize victims to provide the greatest good for the greatest number of people.

### Search and Rescue

Practice effective search and rescue including location sizeup, search methods, rescue techniques, and personal safety. Participants will learn and practice rescuing trapped victims as well as rescue lifts and carries.

### Disaster Medical - Part 2

Learn how to set up treatment areas, take appropriate sanitation measures for public health, perform head-to-toe victim assessments, and treat basic injuries including burns, hypothermia, wounds, bites and stings, and other injuries. Participants will also practice treating broken or fractured limbs, impalements, cuts, and other wounds.

### Disaster Psychology and Terrorism

CERTs will learn about the post-disaster emotional environment for survivors and rescuers, and steps they can take to reduce their own stress and that of others. Participants will also learn to identify signs of terrorism and appropriate steps they can take to respond to a possible terrorism incident.

### CERT Organization

Discover how to organize and lead CERT teams in an emergency, and how CERT graduates can work together with and help professional responders.

### Disaster Drill

Put together everything you've learned through the CERT course and respond to a simulated disaster. Participants will find, rescue, and treat disaster 'victims' and then celebrate their CERT graduation!

